



ANTI-DOPING

Air Sport Australia Confederation (ASAC) takes a position of zero tolerance toward doping in sport and works closely with Sport Integrity Australia (SIA) in Australia and the World Anti-Doping Authority (WADA) internationally to ensure a drug-free environment in Air Sports.

The ASAC Anti-doping policy is the **Australian National Anti-Doping Policy**, effective 1 January 2021. All members, participants and non-participants in Air Sports are bound by these rules.

World Anti-Doping Authority (WADA)

WADA was established in 1999 as an international independent agency to lead a collaborative worldwide movement for doping-free sport.

WADA's primary role is to develop, harmonize and coordinate anti-doping rules and policies across all sports and countries.

WADA maintains the **World Anti-Doping Code (Code)** and **Prohibited List**.

Visit the **WADA website** for further information.

Sport Integrity Australia (SIA)

As Australia's national anti-doping organisation, SIA is responsible for implementing an effective program consistent with international requirements and Australian legislation.

SIA can assist with enquiries in relation to anti-doping issues, medications or supplements, and the Prohibited List.

Visit the **SIA website** for further information.

Anti-Doping Education

All members of Australia's sporting community can now access a range of anti-doping education programs and contribute to protecting our national sporting integrity.

SIA eLearning is an online portal offering quality anti-doping education for all members of the Australian sporting community. It is free and easy to use and can be accessed anywhere at any time.

[Visit the SIA website for further information.](#)

Sport Integrity App

The Sport Integrity App is a one-stop shop for all sport integrity needs, designed with athletes in mind.

The app allows users to check whether their medications are banned in sports, find low-risk supplements to reduce their chance of testing positive accidentally and check whether they need a Therapeutic Use Exemption. The app is also a tool to raise concerns about things like doping, match-fixing, harassment or illicit drug use. It also features further information on eLearning modules, whereabouts and testing information and gives users the opportunity to provide feedback to Sport Integrity Australia.

The app is free and can be downloaded from the [Apple](#) and [Android](#) app stores.

Prohibited Substances and Methods

Some drugs, medications, substances and methods are banned in sports. Athletes competing in sports governed by a World Anti-Doping Code-compliant anti-doping policy need to be aware that they can't just take any drug or medication, or even use certain methods.

The Prohibited List is updated and published by WADA each year and is the International Standard that outlines:

- The substances and methods that are prohibited in and out of competition.
- The sports in which the substances and methods are prohibited.

[Visit the SIA website for further information.](#)

Testing

Sample collection (also known as doping control or drug testing) is an essential part of promoting and protecting doping-free sports.

Sample collection detects the use of a prohibited substance, or prohibited method, by an athlete and consists of testing by an anti-doping organisation (such as SIA) and sample analysis by a laboratory accredited by WADA.

Sample collection can be either in-competition or out-of-competition (such as at an athlete's training venue or home). The majority of testing is carried out with no advance notice. The test can involve the collection of urine, blood or both.

[Visit the SIA website for further information.](#)

Therapeutic Use Exemptions (TUE)

Athletes may at times need to use a prohibited medication and/or method to treat a legitimate medical condition. A Therapeutic Use Exemption is an exemption that allows an athlete to use, for therapeutic purposes only, an otherwise prohibited substance or method (of administering a substance).

[Visit the SIA website for further information.](#)

Supplements in Sport

Supplements can pose a risk to the health and career of athletes. Nutritional supplements cover a broad range of products including vitamins, minerals, herbs, meal supplements, sport nutrition products, natural food supplements and other related products used to boost the nutritional content of the diet.

[Visit the SIA website for further information.](#)

Check Your Substance via Global DRO

Check Your Substances is an online tool that enables athletes to find out whether the most commonly prescribed, over-the-counter and complementary medicines in Australia are permitted or prohibited in their sport.

Make sure you keep your search receipt for any future queries regarding this search.

Visit the [Global DRO](#) website and [SIA website](#) for further information.

Reporting

Visit the SIA website for further information.

Report Doping Confidentially

SIA has an anonymous reporting tool on their website where you can report doping in your sport. Legislation ensures that all information you provide and your personal details are treated with the strictest confidence.

Visit the SIA website for further information.

Alternatively, you can ring or email Sport Integrity Australia via the following:

Phone: 1300 027 232

Email: reporting@sportintegrity.gov.au

Enquiries

If you have any questions regarding anti-doping please contact SIA via the following:

Phone: 1300 027 232. If calling from outside Australia call: +61 2 6222 4200.

General Email: contactus@sportintegrity.gov.au

Athlete Whereabouts: athlete@sportintegrity.gov.au